

Kidzone

Summer 2010



Jessica's story



Hello, my name is Jessica.

I am 17 years old and attend Dryden School; I have lots of friends there and enjoy school.

I like makeup, shopping for clothes, music and spending time with my friends. I need some extra support to do these things and although I love being with my family, like any other teenager I like time for myself without Mum or Dad.

This is a week in my life...

Monday

Monday night
I chill out at home with mum; I need to recharge my batteries ready for the week ahead.

Tuesday

Tuesday evenings
I go to Allerdene Youth Club. It's a great opportunity to chat and catch up with my friends from school, to make new friends and join in with all the activities offer.



I could make a cake for Jonathan

Wednesday

Wednesday lunch time at school and it's the 'hip-hop' club, after school I spend time with my Aunty Teresa doing girly things like shopping for clothes, having my nails painted and going to the health club.

Pink varnish and lip gloss, please!



Thursday

Thursday After School Gym club at Gateshead Stadium. I am working towards my silver Duke of Edinburgh award! Then it's off to the Art Club, where we're learning about 'new art'.

Friday

Friday at St Chad's 14+ club... a snack, cup of tea and a chat with friends then lots of dancing, Wii keep fit, arts and craft or a game of pool...not a mum or dad in sight!

I like having tea-parties at St Chad's



Saturday

Saturday I have a short- break worker, Nicola, who takes me out to do things I enjoy, like shopping or meeting up with friends for lunch. I look forward to Nicola coming as I know it will be a fun packed day.

Come on Emma, time to SHOP!!



During the school holidays I attended Active Kidz. This was great fun and I made lots of friends with both the young people and the play staff.



I get to try different activities

Anyone want to dance?

I love to come along to the Krocodile Kub discos where I dance and chat all night with other young people who may have learning or physical disabilities.

There are lots of things for young people to do in Gateshead, so come along and join in some of the fun!!



=   **14 - 17**
Are you aged 14 - 17



Then come to

St Chads 14+



club



Wednesday & Friday



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3.30 - 6pm